 

**HEaLth and Wellness**

**District Health and Wellness Leadership Council (DHWLC) Meeting Minutes**

**January 25, 2019**

**Attendees:**

Althea Albert-Santiago Debra Irons-El

Surilla Shaw Nicholas (Nick) Collins

Karen Shelton-Henry Jeffrey Rhone

M. Leanne White Jackie Martin

Tenecia Williams Melissa Stollhaus

The meeting was called to order at 10:06 a.m. with a welcome by Althea Albert-Santiago.

The evaluation tools that currently exist will continue to be used to evaluate the School Health Advisory Councils (SHACs).

In the event a liaison is not hired as is recommended, we will add that “the SHAC will “consult with district level council members for support as needed.” We want the SHACs to be successful, and would like steps between learning of their concerns only when the written reports are received.

Per Karen Shelton-Henry, “there is a distinction in the components of the District Health and Wellness and Staff Health and Wellness”. Staff Health and Wellness centers around the employee. It’s funding is used for employees only. Also, both District and Staff Health and Wellness have “Wellness Champions”. The Staff (employee health) individual will be referred to as such – Staff Health and Wellness Champion.

The question was raised, “Will the Staff Wellness Champion work with the SHAC?” They *can* but *are not required to.* What the Staff Wellness Champion does must relate to Staff. They perform such activities as distributing information that promotes health events.

March 11-15, 2019 the Department of Elementary and Secondary Education (DESE) will review the St. Louis Public Schools Health and Wellness policy.

Attendees completed the Local Wellness Policy Assessment.

The updated Health and Wellness Power point was looked at by the group and will undergo more changes. Leanne will send the power point with her changes to Tenecia, who will add final changes and send to Leanne, Althea, and Surilla. This power point will be used in the presentation to Dr. Adams, which is tentatively to be scheduled in February.

**Discussion topics and future considerations:**

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| Should there be a Network Superintendent; Should there be a building Principal on the District Health and Wellness Council? The response was positive for Principals at each level, and the following names were suggested:  Rose Howard/Petra Baker (Gateway Elementary and Gateway Michael)–Elementary level  Susan Reid (Compton Drew)– Middle School level  Kacy Seals (Central VPA) – High School level  An invitation letter will be drafted by the Secretary. |

**Next meeting Friday, February 8, 2019 at 10 a.m.**